

ASSOCIATION OF WOMEN FOR A HEALTHY AGING

AMES –
ASOCIACIÓN DE MUJERES POR UN ENVEJECIMIENTO SALUDABLE



WOMEN

EXPERIENCE

HEALTH

ETHICS

INTERGENERATION

DIGNITY

DECISION

TRAINING

EQUAL

VISIBLE

AGE

WE ORGANIZE AND WE PARTICIPATE IN

Providing forums for discussion

Promoting alternatives

Promoting diversity in equality

Identifying needs

Promoting a healthy and dignified aging

Deciding how to live our Aging

Creating networks to Participate

WE ARE ACTIVE

Organizing lectures and seminars

Meetings and Meetings

Workshops and courses

Papers

Participating in congresses

Developing of projects and programs

WE HAVE GOT

Magazine

website

e-Mail

Presence in soCial netWorks



THANK YOU FOR YOUR ATTENTION



AMES

Asociación de Mujeres por un Envejecimiento Saludable



Email: ames.asociacion@gmail.com

Address: Ríos Rosas, 50, 21
28003 – Madrid