

# Federación de Mujeres Progresistas



**m!** FEDERACIÓN  
MUJERES  
PROGRESISTAS

# About us

The Federación de Mujeres Progresistas FMP (Federation of Progressive Women FPW) is a non-governmental, non-profit, non religious organization, founded in 1987. It is declared to be of public interest. It consists of associations, federations and other progressive women associations of international, national, autonomous, provincial and municipal areas.

Together forming a network of associations of about 23.000 people.

# Some data

- 22.230 associated
- 47.288 users in 2011
- 33 programs implemented in 2011
- 20 regional offices
- 191 local offices
- 21 Group companies
- [www.fmujeresprogresistas.org](http://www.fmujeresprogresistas.org)



25th Anniversary FWP



# Mission

The mission of the FPW is to promote change in social, economic and cultural structures to achieve gender equality and equity between women and men. We want to achieve this through political feminism advocacy and empowerment such as, freedom, diversity, sisterhood, active participation, leadership and interculturalism.

# Vision

The FPW works towards a vision in where both men and women actively participate in social, political and economic spheres with equal rights and opportunities, without their destiny being predetermined by stereotypes and roles that are socially pre-established.

# Values

- Feminism
- Equality
- Equity
- Freedom
- Sisterhood
- Interculturalism
- Diversity
- Active Participation
- Leadership
- Coherence

# Alliances

- Consejo de Participación de la Mujer (Women's Participation Council)
- Plataforma de Organizaciones de Acción Social (POAS). (Platform of Social Action)
- Consejo Estatal de ONG de Acción Social. (Spanish NGO Council of Social Economy)
- Unión de Asociaciones Familiares (UNAF) (Union of Family Associations)
- Asociación de Mujeres de la Europa Mediterránea (Women's association of Southern Europe)
- Coordinadora Española de Apoyo al Lobby Europeo de Mujeres (Spanish Coordinator of European Women's Lobby)
- Observatorio Estatal de Violencia sobre la Mujer (Women Violence Center)
- Plataforma del Voluntariado de España. (Spain Volunteer Platform)
- Instituto para la Calidad en las NGO (ICNGO). (Institute for quality in the ONG's)
- Instituto de la Mujer. (Women Institute)
- Observatorio para la Igualdad de Oportunidades entre Mujeres y Hombres. (Equal opportunities for women and men center)
- Observatorio de Violencia para Europa (Center of Violence for Europe)
- Red de Mujeres Africanas y Españolas por un mundo mejor (African and Spanish Women Network for a better world)
- Red Estatal de Organizaciones Feministas
- Red Europea contra el Racismo (Red ENAR)
- Observatorio de Responsabilidad Social Corporativa (RSC). (Social Cooperative Responsibility Center)
- (European Network Against Racism [ENAR])

# Alliances

- RED ACTIVAS (ACTIVAS Network)
- Comité Español para el Bienestar Social (International Council on Social Welfare)
- Red Europea de Lucha contra la Pobreza y la Exclusión Social en España (EAPNES) (European Anti Poverty Network [EAPN])
- Plataforma de Organizaciones de Mujeres “8 de marzo” (Women Organization Platform “March 8th)
- Asociación Mundial de Organizaciones no Gubernamentales (WANGO). (World Association of Non-Governmental Organizations [WANGO])
- Plan Nacional sobre Drogas. Grupo de Familia (National Plan on Drugs. Family Group)
- Red Conecta. Fundación Esplai (Connect Network. Esplai Foundation)
- Red Española contra la Trata de Personas (Spanish Network against Trafficking)
- Plataforma por la Abolición de la Prostitución (Prostitution Abolition Platform)
- Women Network Mujeres del Mediterráneo (Association of Organisations of Meditterreanen Businesswomen)
- Consejo de las Mujeres del Municipio de Madrid (Women City Council of Madrid)
- Plataforma Nosotras Decidimos (We decide Platform)



# Lines of action

All the actions and services that the FPW offers are developed under the perspective of improving the quality in life of all the women through their personal and social development.

The central focus in all of the working areas (Employment, gender violence, immigration, health, volunteering, cooperation, new technologies and communication) is:

- **CARE**
- **AWARENESS AND IMPACT ON THE ENVIRONMENT**
- **TRAINING AND ADVICE**

# Care

The organization provides different types services, free of charge, for women according to their needs. A team of professionals (psychologists, lawyers, social workers and educators etc.) from the area of employment, gender-based violence, immigration and healthcare, performs the **welcoming process** for all the women that arrive at our organization. The objective is to listen to their experiences, learn about their needs and evaluate the care needed for each individual. Listed below are the different types of services we provide for women:

- **Social care services:** provides necessary information and guidance, such as support on the resources that are available.
- **Legal advice:** provides information and legal support that allows them to learn about their rights (labor, immigration matters, risk situations, etc.) Special support is also offered, where a professional, at all times is present during a specific process.
- **Psychological care services:** specialized therapies framed within feminist psychology are performed, which helps women reach full personal restoration and empowerment.
- **Psychopedagogy care services:** aimed to serve, guide and support the students and the university community.
- **We offer toll free service for victims of gender-based violence. 900 502 091**

# Raising awareness and the impact on the environment

- Raising awareness to the public is a priority for the FPW; the purpose is to involve all the citizens in the real and effective achievement of gender equality. Only then, we will accomplish to build a society that is fair, leaving no room for any type of inequality.
- We raise awareness through the actions we perform. These main actions contribute to the awareness of gender inequality and the consequences that gender inequality has on women (gender-based violence, trafficking for the purpose of sexual exploitation, social exclusion, wage inequality, absence of conciliation measures and co-responsibility, digital divide, etc.).
- Besides creating active participation spaces that benefit the learning and the exchange of experiences, our organization, promotes the creation of new associations, reflection between social agents, and volunteer encouragement, as an open channel of contribution in the exercise of solidarity of all people.

# Raising awareness and the impact on the environment

- The active participation we are part of has helped to obtain equal opportunities in our country and helped with the development of key laws; la Ley Integral de Medidas contra la Violencia de Género (Integral Law against Gender-based Violence), La Ley de Igualdad (Equality Law), and la Ley de Salud Sexual y Reproductiva y de Interrupción Voluntaria del Embarazo (Sexual and Reproductive Health Law and Abortion Law). Due to these accomplishments we have had a great impact on the agenda of women's rights.
- The FPW is able to extend their work to raise awareness through the main media and the new information channels, benefiting directly to the environment. We understand that we will be closer accomplishing our goals with the collaboration of the society.

# Training and Advising

- The FPW wants to share over twenty years of experience in opportunity equality, co-responsibility, women empowerment, defense on equality values and non-sexist education, through training and advising services.
- Our multidisciplinary team of professionals performs educational actions that are directed towards the development of our programs (employment workshops, rights and duties workshops, personal integration plan and support on the preparation of a business plan, training in new technologies, creativity workshops, personal development and self-esteem workshops, etc.) and on the other hand, to provide services to companies and institutions that need our expertise of gender perspective in equality and inclusion in all of their projects and initiatives.
- We also offer an active and participatory mythology response based on issues such as, sociolabor orientation, training for professionals that work with issues of gender based violence or non sexist language, among other topics collected from the broad training catalog of the FPW.
- We also advise businesses in the creation and implementation of equality plans. By doing this we help them achieve Distintivo de Igualdad (Equality in the company), granted by the state secretary of equality.



# Workshops



# Workshops

**TALLER SOBRE  
ARRAIGO SOCIAL**

20  
abril-2011  
a las  
10:00h.

- Qué necesito para regularizar mi situación
- Cómo presentar la solicitud
- Cita previa
- Tasas

Dónde: Ribera de Curtidores 3, local 8, 28005, Madrid.

¡Apóntate! Es gratuito!  
Inscripciones en el tlf.:  
91 539 02 38 ext.1

mi FEDERACIÓN MUJERES PROGRESISTAS



**Normalizando**

Talleres informativos sobre las novedades del Empleo de Hogar

Jueves 27 de Septiembre de 2012  
Horario: 10:00h. a 12:00h.  
Lugar: Federación de Mujeres Progresistas  
C/ Ribera de Curtidores, 3 - 28005 Madrid

Te interesa si: Deseas dudas acerca de cómo se afectan los cambios, necesitas asesoramiento o no tienes claro cómo complementar la documentación (procesos de alta, contratos, nominas...)

Tlf.: 91 539 02 38 ext.1  
www.federacionmujeresprogresistas.org www.igualda.org

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**Grupos Salud de**

Un espacio para cuidarte, un tiempo para sentirte acompañada

**Talleres de:**

- “Mujeres y sociedad. ¿Cómo nos situamos?” Martes 4 sept. de 2012
- “Cómo prevenir la violencia de género.” Martes 11 sept. de 2012
- “Yoga para principiantes. Impartido por Antonio Arranz, fisioterapeuta” Martes 18 sept. de 2012
- “Sexualidad. Impartido por Carmen Saura, sexóloga” Martes 25 sept. de 2012

Horario: de 10:00 a 12:00 h.  
Lugar: Federación de Mujeres Progresistas. C/Ribera de Curtidores, 3. Local 8. Metro: La Latina.  
Más información en el Tlf.: 91 539 02 38 ext.3  
mail: salud@mujeresprogresistas.org

En los grupos de salud aprendemos maneras de cuidarnos, como la relajación, la autoestima, aprender a escucharnos, a tomar decisiones, todo aquello que tiene que ver con nuestro bienestar.

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**INFORMACIÓN E INSCRIPCIÓN**

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**YO EMPRENDO, TÚ EMPRENDES, EN VALENCIA**

**ELLAS EMPRENDEM!**

Día: 30 de Septiembre de 10 a 13 h.

Lugar: Aula del CIMO en la C/ Guzmán el Bueno, 14, VALENCIA

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www.igualda.org

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# Workshops



# Publications



# Awards

- Recognition of Women's Institute to individuals and institutions meant for his work against Gender Violence. Awarded to the Federation of Progressive Women, for "his lifelong defense of equal rights and opportunities for women." November 25, 2006.
- IV Recognition Award to the most outstanding work in eradicating gender violence 2007, delivered by the Centre Against Domestic Violence and Gender of the Supreme Judicial Council. Award along with other women's organizations (Spanish Coordinator for the European Women's Lobby, Women in Red and Clara Campoamor Association). October 1, 2007.



# mi!

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## Federación de Mujeres Progresistas

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