POLAND

►**ACTIONS:** *Senior internet club*
Students from Poznan University of Technology occasionally organize open workshops for seniors and teach them voluntary how to use computer and the Internet. Workshops are promoted by local media and are free of charge, but the elderly have to sign up to take part in it. http://centrumis.pl/bezplatny-warsztat-z-obslugi-komputera-i-internetu.html

►**Courses**
e-Active 50+" for INEA S.A. customers
The course is tailored to people over 50 and is addressed to those, who don't have access to the Internet. The aim is to teach the basic skills in using a computer and the Internet, as well as to promote Internet services among INEA subscribers, who don't have the connection yet.
http://www.akademia50plus.edu.pl/inea/83-inea.html

►**SHORT TIME WORKSHOPS**:
Digital Poland of Equal Opportunities is a bottom-up initiative that aims to promote the action to improve digital literacy of adult Poles from generation 50 , in their local environments.
A survey *Generation 50 . First steps in the digital world*, conducted on behalf of "Cities on the Internet" Association.
https://latarnicy.pl/historia/

ROMANIA

Educational program
Initiation in IT to adults 50+.
Support of course

Project Coordinator

CSI- Centre for Senior Citizens Initiatives
Poznan (Poland)

Partners

Adult Education providers association
Vilnius (Lithuania)
V.S.S.P. Voluntary Service Centre
Turin (Italy)
NGO Education Innovation Transfer Centre
Jelgava (Latvia)
Association of Lifelong Learning
Targu Jiu (Romania)
AMES- Asociacion de Mujeres por un envejecimiento saludable
Madrid (Spain)

AWAKE

Grundtvig Learning Partnership project

August/ 2011—July/ 2013

awake

Education and Culture
Lifelong learning programme
GRUNDTVIG

Grundtvig Learning Partnership project

A.W.A.K.E.
Aging With Active Knowledge and Experience

The use of ICT in education of 50+ people: best practices colection

ITALY

►Centro Servizi per il Volontariato V.S.S.P. organizes different type of course in IT for volunteers. The **courses** are divided in tree **levels**: **beginners**, **intermediate** and **expert**. The course is totally free for the volunteers and are lead by an expert in IT. V.S.S.P. also provides courses in "Social network" as a new way of communication. The main goal of this course is to provide new tools to face the needs of the contemporary world. http://www.vssp.it/index.php

►V.S.S.P has also applied to the National Civil Service project *Equal exchange by sheering skills* with a project in IT, the aim of the project is to provide the collaboration between generations and to solve the "digital divide" problem. Young volunteers will teach and help seniors to learn IT, they also will ensure the learning process.

►*Granaries of Memory* is a project promoted by the University of Gastronomic Sciences of Bra in Piedmont and Slow Food. Its aim is to collect and spread memories of the world through a complex multimedia archive. The interviews recorded in the course of long, in-depth research in Italy and abroad contain the testimonies of farmers, workers, artisans, entrepreneurs, partisans and so on. http://www.granaidellamemoria.it/index.aspx

LITHUANIA

►Bite Adult Education Center (the member of LSMCVA) organized a 3 month free courses *IT courses for beginners* for senior citizens. 40 seniors have participated in those courses. They learned computer basics, what is a tablet computer and smart mobile phone and how to use it in the learning process and in the everyday life.

►Many 50+ learners would like to study on their free time and in a place convenient for them. LSMCVA participated in the project in which interactive training and communication/collaboration system was created. The goal of those activities was to improve the quality of education through innovative teaching methods by introducing non - traditional forms of education (combining usual and distance learning). Mixed model of usual and distance learning was created and now many 50+ learners can use it

►In many Lithuanian adult education centers are organized trainings for seniors based on six modules: *active citizenship education*, *adult financial education*, *healthy lifestyle*, *law literacy*, *computer courses and artistic education*. The benefits are: increased awareness of non - formal education services, increasing number of quality recreational opportunities and self - expression for seniors, more options to be economically and socially active in the society.

LATVIA

►Active participation in the **E-Skills Week** (in the framework of European Get Online Week) which is targeted also to the all users of ICT (including seniors) and the public, who had never used ICT tools (computer and the Internet) http://eprasmes.lv
Several events for beginners organized in Latvia:
The first click, come, come!
Junior for Senior;
Seniors leap in the technology age - the use of Skype Software etc.
With the click of a mouse - in the world!
First Steps in e-world;
E-mail Establishment;
Time for Seniors;
Online hike for the latvian real estate;
Etc.

►Seniors ICT skills can be promoted by various actions organized by Internet providers For example, Lattelecom social responsibility project (since 2008) **CONNECT, LATVIA**!
(http://www.piesledzieslatvija.lv/lv/).

►Zemgale Region Human Resource and Competences Development Centre organized the creation of the Digital books **JELGAVA OF MY YOUTH. PEOPLE AND EVENTS (**http://www.zrkac.lv/?ID=4570)