

# AWAKE – Aging With Active Knowledge and Experience

Torino, 09 January 2012

# Lifelong Learning Programme - LLP

Project is implemented within Lifelong Learning Programme 2007 – 2013, in partnership with 5 European organizations. Project is funded by European Union.

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# The idea of Grundtvig Partnership Programme

The Grundtvig program generally concerns education for adults and promotion of cooperation at European level in this area. It is addressed to both learners and staff. Primarily it promotes cooperation within adult education, with the support of vulnerable groups such as disabled people, elderly people and ethnic minorities, low skilled, rural, etc.

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# Grundtvig Partnership Programme

- Small-scale projects
- The main purpose is sharing experiences and expanding European cooperation between organizations involved in adult education
- Process-oriented
- Partner organizations staff and learners from several European countries work together on selected object within adult learning topic
- Sharing experiences, practice and methods contributes to raise awareness of cultural diversity, social and economic development of Europe and to better understanding areas of common interests

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# Why this project?

- European countries are now facing similar problems connected with the ageing of societies
- The number of older people in the population increases fast so it means that one should make sure that senior citizens are strong and actively participating in social life group.

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- Education is such a powerful tool that makes such an activation possible.
- The common goal is to improve the methods of working with people over 50 years, based on proved European teaching and activation methods
- The final result will be to develop new programs and proposals for the coaches and staff of NGOs and public institutions, who are involved in everyday informal and non-formal education to seniors.

- As organizations and institutions working with the elderly, we encounter the same problems, but our work among the elderly is different. Although we have a common goal, we often choose different ways to pursue it and place emphasis on other aspects related to education of the elderly.
- **By means of comparison, we can exchange experiences, ideas and learn from each other.**

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## During the project we will consider the following issues connected with non-formal and informal education of people above 50 years old:

- the ways of motivating older people towards learning and social activity, eg. by team building activities or cultural integration;
- volunteering as a method of lifelong learning, eg. the benefits coming out from 50+ volunteering, organization of 50+ volunteering;
- ICT training and using ICT in adult education;
- cultural and artistic activities of 50+ people as a method of lifelong learning;
- using the potential of non-governmental organizations and public institutions in seniors education.

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## By the Exchange of experience between our partners we will carry out the following aims:

- - improving the training and activating methods for people over 50 years old;
- - broadening the knowledge dealing with the educational needs and expectations of older people;
- - improving the didactical methods and ways of managing lifelong learning organizations;
- - broadening the areas of educational actions undertaken by partner organizations;
- - transferring the good European practices to local communities;
- - breaking of the stereotypes related to older people's abilities.

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# The project will also enable:

- promoting lifelong learning idea among older people;
- promoting 50+ volunteering;
- animating the need for learning among older people;
- more effective engagement of students in educational actions;
- better understanding of partner countries and their culture.

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# The project aims will be attained by:

- organizing partner meetings – staff and learners international journeys to partner organizations,
- organizing study visits in partner organization and sharing good practices,
- organizing seminars/conferences/workshops dealing with issues connected with informal education of people above 50 years old (mention above)

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- carrying out the survey researching educational needs of 50+ people,
- elaborating survey results and preparing the research report,
- organizing the international seminar which will sum up the project,
- transferring the experience by the webpages, e-mails and video-conferences,
- autoevaluation,
- disseminating of project results and experience.

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# Practical information:

- The project duration:  
**2 years – 1 August 2011 – 31 July 2013 roku**
- Funding: **18 000 EUR**

Centrum Inicjatyw Senioralnych  
(The Centre for Senior Citizen  
Initiatives)  
is coordinator of this project

# Our partners:

- Lietuvos Suaugusiųjų Mokymo Centru Vadovu Asociacija, Vilnius, **Lithuania**
- Centro Servizi per il Volontariato V.S.S.P., Turin, **Italy**
- Education Innovation Transfer Centre, Jelgava, **Latvia**
- Asociatia " Educatia de a lungul intregii vietii", Tg-Jiu, **Romania**
- Asociacion De Mujeres Por Un Envejecimiento Saludable (AMES), Madrid, **Spain**

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Thank you for your  
attention