



QUESTIONNAIRE 4

Dear Student,

You attended some activities of our project in April 2018. We would like to know your opinions about these activities. Could you please answer this short questionnaire? Thank you... ©

NAME OF THE ACTIVITIES	I DIDN'T LIKE IT	I LIKED IT A LITTLE	I LIKED IT	I LIKED IT A LOT
1) "How to deal with stress" – presentation				
and brainstorming2) "How to control anger" – presentation and brainstorming				
3) "Developing feelings and emotions vocabulary." – group work				
4) "M&M's Anger Game" – group work				
5) "Mr Angry Man" – drama game				
6) Ability and interest test to establish future goal				
7) Presentation of jobs that students are interested in				
8) A visit to person who has the job that the students are interested in				

9) Do you think that you kn	ow the ways de	al with stress?
	YES	$_{ m NO}$
10) Do you think you know	the ways to cor	ntrol your anger?
	YES	$_{ m NO}$
11)Do you feel uncomfortal	ble when you ex	press your feelings?
	YES	$_{ m NO}$
12) Are you aware of what	makes you feel	angry?
	YES	NO





13)Do you know the job tha	at matches with your	abilities and interests?			
	YES	NO			
14) Do you have a future go	oal?				
	YES	NO			
15)Do you know what do you have to do to reach your future goal?					
	YES	NO			





QUESTIONNAIRE 4

Dear Teacher,

As you know, your student called hav	e joined our school's
Erasmus+ Project "Under The Same Sky". This Project aims to improve his/her self	esteem, social skills,
academic success and make him/her happier. In order to reach this aim, a lot of planned	d activities have being
done by professional teachers. Your students attended attended some activities last mo	onth. We would like to
know your observations of the student during the classes at school. We would be g	grateful if you answer
these questions about your student. Thank you ☺	

	Strongly agree	Agree	Unsure	Disagree	Strongly disagree
1) He/she is easily stressed					
2) He/she can deal with stress by					
his / her own					
3) He /she gets angry easily					
4) He / she knows what makes him					
/ her angry					
5) He/ she can control his / her					
anger easily					
6) He/ she expresses his / her					
feelings comfortably					
7) He/ she is respectful other					
people's feelings.					
8) He/she is aware of his / her					
abilities and interests.					
9) He/she sets a future goal					
10) He/She knows how to reach					
this future goal					





QUESTIONNAIRE 4

Dear Parent,

As you know, your child	have joined our school's Erasmus+
Project "Under The Same Sky". This Project aims to improve his/her	self-esteem, social skills, academic
success and make him/her happier. In order to reach this aim, a lot of p	lanned activities have being done by
professional teachers. Your child attended attended some activities last	month. We would like to know your
observations of him/her at home. We would be grateful if you answer the	hese questions about him/her. Thank
you ☺	

	Strongly agree	Agree	Unsure	Disagree	Strongly disagree
1) He/she is easily stressed					
2) He/she can deal with stress by his / her own					
3) He /she gets angry easily					
4) He / she knows what makes him / her angry					
5) He/ she can control his / her anger easily					
6) He/ she expresses his / her feelings comfortably					
7) He/ she is respectful other people's feelings.					
8) He/she is aware of his / her abilities and interests.					
9) He/she sets a future goal					
10) He/She knows how to reach this future goal					