

CHESTIONAR 4

Dragă elevule,

Ai participat la câteva activități din cadrul proiectului nostru în luna aprilie 2018. Am vrea să știm opiniile tale despre ele. Poți completa acest scurt chestionar? Îți mulțumim. ☺

NUMELE ACTIVITĂȚILOR	NU MI-A PLĂCUT	MI-A PLĂCUT PUȚIN	MI-A PLĂCUT	MI-A PLĂCUT FOARTE MULT
1) “Cum să fac față stresului”- prezentare și joc de idei				
2) “Cum să îmi controlez furia” – prezentare și joc de idei				
3) “Dezvoltarea limbajului despre emoții.” – activitate în grup				
4) “M&M’- Jocul furiei” – activitate în grup				
5) “Domnul Furios” – dramatizare				
6) Test de avilități și interes pentru stabilirea unui scop pentru viitor.				
7) Prezentarea meseriilor pentru față de care elevii manifestă interes.				
8) O vizită la o persoană cu o slujbă față de care elevii sunt interesați.				

9) Crezi că știi care sunt modurile de a face față stresului?

DA NU

10) Crezi că știi modalitățile prin care să îți controlezi furia?

DA NU

11) Te simți ciudat când trebuie să îți exprimi sentimentele?

DA NU

12) Ești conștient de ceea ce te face să te înfurii?



Erasmus+

DA

NU



13) Știi meseria care se potrivește abilităților și intereselor tale?

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14) Ai un scop pentru viitor?

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15) Știi ce trebuie să faci pentru a-și atinge scopul propus?

DA

NU

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QUESTIONNAIRE 4

Dear Teacher,

As you know, your student called have joined our school's Erasmus+ Project "Under The Same Sky". This Project aims to improve his/her self-esteem, social skills, academic success and make him/her happier. In order to reach this aim, a lot of planned activities have being done by professional teachers. Your students attended attended some activities last month. We would like to know your observations of the student during the classes at school. We would be grateful if you answer these questions about your student. Thank you... ☺

	Strongly agree	Agree	Unsure	Disagree	Strongly disagree
1) He/she is easily stressed					
2) He/she can deal with stress by his / her own					
3) He /she gets angry easily					
4) He / she knows what makes him / her angry					
5) He/ she can control his / her anger easily					
6) He/ she expresses his / her feelings comfortably					
7) He/ she is respectful other people's feelings.					
8) He/she is aware of his / her abilities and interests.					
9) He/she sets a future goal					
10) He/She knows how to reach this future goal					

QUESTIONNAIRE 4

Dear Parent,

As you know, your child have joined our school's Erasmus+ Project "Under The Same Sky". This Project aims to improve his/her self-esteem, social skills, academic success and make him/her happier. In order to reach this aim, a lot of planned activities have being done by professional teachers. Your child attended attended some activities last month. We would like to know your observations of him/her at home. We would be grateful if you answer these questions about him/her. Thank you... ☺

	Strongly agree	Agree	Unsure	Disagree	Strongly disagree
1) He/she is easily stressed					
2) He/she can deal with stress by his / her own					
3) He /she gets angry easily					
4) He / she knows what makes him / her angry					
5) He/ she can control his / her anger easily					
6) He/ she expresses his / her feelings comfortably					
7) He/ she is respectful other people's feelings.					
8) He/she is aware of his / her abilities and interests.					
9) He/she sets a future goal					
10) He/She knows how to reach this future goal					