

What is friendship?

Our friendship isn't a big thing, it's a million little things.



Who is a friend?

Friend is a someone who loves you, cares for you and protects you like family. He/ she knows your secrets, laughs at your silly jokes and cries with you too. He/ she respects your feelings and always tries to make you happy.



What can friendships give?

- ▶ Fun
- ▶ Ways To Share Feelings
- ▶ Learn New Skills
- ▶ Find Understanding and Support
- ▶ Ways To Feel Needed And Useful
- ▶ You Can Be Yourself



What Makes A Good Friendship?



Shared Interests

Shared Values

Trust

Honesty

Respect

Cooperation

Reliability

Support

Understanding

Sensitivity

Forgiveness

Tolerance

How to make friends?



Best
Friends
Forever

Go where people are- most friends you make will be people who have the same interests you do.

Don't expect perfection in your friends-like you, your friends will make mistakes now and then. Laugh with them about it, but don't put them down.

Be cheerful- smile, don't always wait for the other person to speak first.

Be yourself- no one is perfect. Your friends won't expect you to be, so it is best to just be yourself.

Be a friend to yourself- don't put yourself down.

How to make friends?



Best
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- Realize you will sometimes disagree with your friend- nobody agrees all the time. Disagreements don't have to mean the end of a relationship.
- Give your friend space- almost everyone likes to be alone sometime. Give your friend space to have other friends, too.
- Be choosy about your friends- real friends will not ask you to do things that are harmful and against the law.
- Let people know that you are interested in them. Don't just talk about yourself; ask questions about them.

What makes you a good friend?

Show gratitude

Be kind.

Keep promises.

Take turns & share.

Tell the truth.

Take the five finger friendship challenge.

What could you do to get better?