## What is friendship?

# Our friendship isn't a big thing, it's a million little things.



#### Who is a friend?

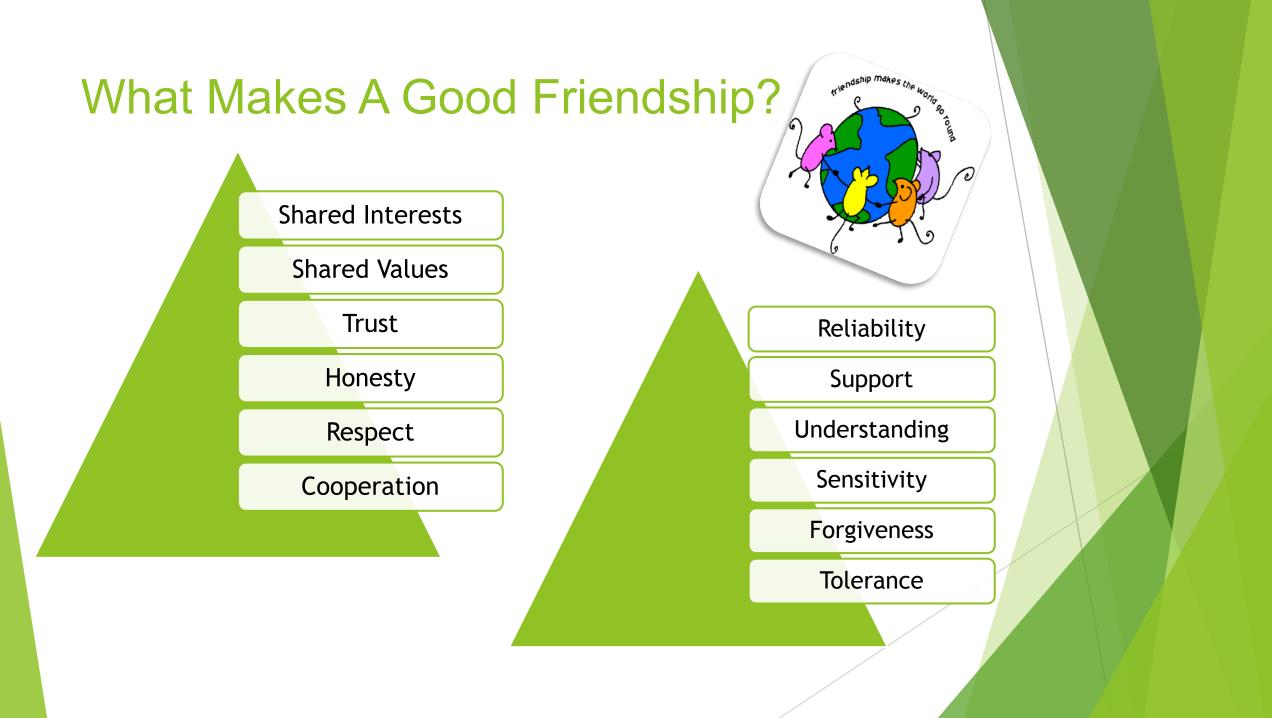
Friend is a someone who loves you, cares for you and protects you like family. He/ she knows your secrets, laughs at your silly jokes and cries with you too. He/ she respects your feelings and always tries to make you happy.



#### What can friendships give?

#### Fun

- Ways To Share Feelings
- Learn New Skills
- Find Understanding and Support
- Ways To Feel Needed And Useful
- You Can Be Yourself



### How to make friends?

Go where people are- most friends you make will be people who have the same interests you do.

Don't expect perfection in your friends-like you, your friends will make mistakes now and then. Laugh with them about it, but don't put them down.

Be yourself- no one is perfect. Your friends won't expect you to be, so it is best to just be yourself. Be cheerful- smile, don't always wait for the other person to speak first.

Be a friend to yourself- don't put yourself down.

#### How to make friends?

- Realize you will sometimes disagree with your friendnobody agrees all the time. Disagreements don't have to mean the end of a relationship.
- Give your friend space- almost everyone likes to be alone sometime. Give your friend space to have other friends, too.
- Be choosy about your friends- real friends will not ask you to do things that are harmful and against the law.
- Let people know that you are interested in them. Don't just talk about yourself; ask questions about them.

