

*Non-governmental organization, Association*

# EDUCATION INNOVATIONS TRANSFER CENTRE



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**IZGLĪTĪBAS INOVĀCIJU PĀRNESES CENTRS**

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# In Latvia project is co-funded by the:

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- **Society Integration Foundation**, State budget program "NGO co-financing program for 2014-2016", Project No. 2014.LV/LF/30/21 and
- Jelgava City Council, **Jelgava associations and foundations support program**, Project No. ADM/2-1.5/16/40.



Training seminar on the use of the theatre techniques, 29.12.2016.



# Benefits from the project

## *Theatre – Rehearsal of Successful Integration into Job Market*

 Biedrība Izglītības inovāciju pārneses centrs, Jelgava, Latvija

- *In Latvia is the highest unemployment rate among the Baltic States*
- **Challenge** to play theatre
- Increased self-esteem and helped rid of complexes, above all to overcome psychological barriers to play theatre
- *Lessons learned: **We are REALLY learning all our life!***
- Gained very important experience on the theater methods usage
- Enriched the teaching methods connected with the theatre, contributing to the improvement of the quality of our work

# EXSPERIMENTAL WORK EXPERIENCE IN LATVIA

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## □ Target group:

- Young people from professional / vocational schools
  - *Most student from the countryside / They have had low success at school / ...*
  - They are shy
  - There are need to raise their self-esteem
  - They have to be encouraged ...



## EKSPERIMENTAL WORK FROM THE PARTICIPANTS' PERSPECTIVE

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- *Found out many things about themselves*
- *Got know an extremely important steps in the career development process*
- *Identified what abilities are necessary for the carrying out of the various activities*
- *Thought out about the fields in which participants can obtain performance*
- *The profession/ occupation choosing process supposes a good self-knowledge*
- ...

# THEATER METHODS BENEFITS

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- It provides an opportunity to try out different situations
- It helps to understand the different social situations
- It allows to learn how to behave and react in different situations
- You can play real-life situations, and also watch how others play the same situation
- It can be made in a wide range of choices and try different behaviours
- This allows make a mistakes
- It give the possibility to make both positive and negative choices
- The situation may be repeated until the desired result achieved
- Situation / process can be explored step by step
- ...

# Theatre – Rehearsal of Successful Integration into Job Market

 MPC

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  - **Rimanta Vaičekonytė**, Director
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Ačiū



Paldies!!!



Thank You!